

HELPFUL TIPS FOR EXTRAORDINARY MINISTERS OF COMMUNION

- EMCs will be better prepared if they arrive 15 minutes before Mass
- Stand up straight when appearing on the Altar
- Do not say "this is the body/blood of Christ"—the proper phrase is “The Body/Blood of Christ.”
- When ministering with the cup, always wipe the rim--both inside and out--and then turn the cup a quarter turn.
- Look up towards the communicant. Do not look around.
- Give consideration to each person. Do not say “the body of Christ” until they are stopped in front of you.
- Please dress appropriately. **You are the only touch between Jesus and the Communicant.**
- The overall importance of this Ministry is representing Christ to one another. Look, Speak, & Touch.
- If you have a cold or just got over a cold, please find a substitute. Please do not feel that if you are assigned you have to serve.
- Wash your hands when possible before Mass. Help prevent any spread of germs.
- Always read the bulletin board in the Vesting Room. Sometimes extra ministers are needed, and the only communication is the posting.
- SMILE! 😊